

Summary of Modifications to the 45 and Up Study Baseline Questionnaire

Key:

- There has been a minor change to the format only of this question. Researchers using this question should be aware of the change, but are advised that data is not expected to be affected.
- There has been a change to this question which may affect data. Researchers using this question may need to consider this in their analysis.
- There has been a significant change to this question. It is highly likely that data will be affected. Researchers using this question are advised to consider this in their analysis.

Note that changes are respective to the previous version.

| Topic | Variable/s | V1 question no. | V2 question no. | V3 question no. | V2 Modifications BLFM0706 BLFF0706 | V3 Modifications BLFM0710 BLFF0710 |
|------------------------------------|---------------------------------------|-----------------|-----------------|-----------------|--|--|
| Supporters logos | - | - | - | - | Beyond blue logo added | DADHC logo added |
| General questions about you | | | | | | |
| Date of birth | Age (derived) | 1 | 1 | 1 | No change | No change |
| Today's date | datentoday | 2 | 2 | 2 | No change | No change |
| Height | height heightu | 3 | 3 | 3 | No change | No change |
| Weight | weight weight u | 4 | 4 | 4 | No change | No change |
| Highest qualification completed | highestqual | 5 | 5 | 5 | No change | No change |
| ATSI origin | ATSI | 6 | 6 | 6 | Change of dash to comma, to read "Yes, Aboriginal" and "Yes, Torres Strait Islander" | No change |
| Country of birth | CountryBorn & bornOthertext= CofO (in | 7 | 7 | 7 | No change | No change |

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| | Aug 08 data release) | | | | | |
|------------------------------|--|----|---------|---------|--|-----------|
| Year of arrival in Australia | yeararrivalAust | 8 | 8 | 8 | No change | No change |
| Ancestry | ancesAust ancesEnglish ancesIrish ancesChinese ancesItalian ancesGreek ancesScot ancesGerman ancesLebanese ancesDutch ancesMaltese ancesPolish ancesFilipino ancesIndian ancesCroatian ancesVietnam ancesOther ancesOthertext_recoded | 9 | 9 | 9 | No change | No change |
| Language spoken at home | otherlanghomeyn | 10 | 10 | 10 | Change of "in the home" to "at home" | No change |
| Smoking | smoeverregyn smoagestart smoregnowyn smoagestop smocigsperday smopipecigarperday | 11 | 11 | 11 | No change | No change |
| Alcohol consumption | alcdrinkspersweek alcdayspersweek | 12 | 12 & 13 | 12 & 13 | Question divided into two questions to preserve appropriate numbering of | No change |

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| | | | | | questions subsequent to number 17 | |
|------------------------|---|-------------|---------|---------|---|---|
| Relationship situation | currentsingle currentmarried currentpartner currentwidowed currentdivorced currentseparated | 13 | 14 | 14 | Change to question number | No change |
| Current housing | currenthousing | 14 | 15 | 15 | Change to question number | Change to the ordering of options |
| Physical activity | walktimesperweek walktotalminweek walktotalhrsweek vigourtimesperweek vigourtotalhrsweek modtimesperweek modtotalminweek modtotalhrsweek | 15, 16 & 17 | 16 & 17 | 16 & 17 | Active Australia physical activity questions amended so that question requesting "Number of times" an activity is done appears first, followed by question about the amount of time spent doing that activity. Time spent doing activities includes hours option (previously was total minutes)\ | "Walking briskly" changed to "Walking continuously, for at least 10 minutes" "Moderate physical activities (like social tennis, golf, gentle swimming, vigorous gardening or work around the house)" changed to "Moderate physical activity (like gentle swimming, social tennis, vigorous gardening or work around the house)" "Vigorous leisure activities (that made you breathe harder or puff and pant, like |

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| | | | | | | |
|------------------------------------|---|----|----|----|-----------|---|
| | | | | | | <p>aerobics, vigorous sport, cycling, swimming, running)” changed to “Vigorous physical activity (that made you breathe harder or puff and pant, like jogging, cycling, aerobics, competitive tennis, but no household chores or gardening)</p> <p>The order that the categories of physical activity were listed was changed (Walking, Moderate and Vigorous changed to Walking, Vigorous, Moderate)</p> |
| Questions about your family | | | | | | |
| Immediate family illnesses | fhheartmother fhheartfather fhheartbrosis fhhighbpmother fhhighbpfather fhhighbpbrosis fhstrokemother fhstrokefather fhstrokebrosis fhdiabetmother fhdiabetfather fhdiabetbrosis | 18 | 18 | 18 | No change | No change |

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| | | | | | | |
|---|--|--|--|--|--|--|
| fhAlzhmother fhAlzhfather fhAlzhbrosis Parkinmother Parkinfather Parkinbrosis fhdepressmother fhdepressfather fhdepressbrosis fharthritismother fharthritifather fharthritisbrosis fbreastcamother fbreastcafather fbreastcabrosis fbreastcabrosis fbowelcamother fbowelcafather fbowelcabrosis flungcamother flungcafather flungcabrosis fmelanomamother melanomafather melanomabrosis fhprostatecafather fhprostatecabrother fho variancamother fho variancasister fhosteomother osteofather fhosteobrosis fhhipfracmother fhhipfracfather fhhipfracbrosis fhnotknowmother | | | | | | |
|---|--|--|--|--|--|--|

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| | | | | | | |
|---|---|--------------|-----------|-----------|--|-----------|
| | fhnotknowfather fhnotknowbrosis | | | | | |
| Children given birth to & breastfeeding | motherchildrennum motheragefirstchild motheragelastchild breastfeeddurration | 19F | 19F | 19F | No change | No change |
| Children fathered | fatherchildrennum fatheragefirstchild fatheragelastchild | 19M | 19M | 19M | No change | No change |
| Unable to father children | maleinfertileyn | 20M | 20M | 20M | No change | No change |
| Questions about your health | | | | | | |
| Passive smoking | passivesmohomehours passivesmoootherhours | 20F & 21M | 20F & 21M | 20F & 21M | No change | No change |
| Contraceptive use | ocuseeveryn ocuseyearsnum ocuseagelast ocusecombined ocuseprogesterone ocusedepoprovera ocuseimplant ocuseunknowntype | 21F | 21F | 21F | Correction to the spelling of Depo Provera | No change |
| Urination | difficurine starturine weakurine intermitturine againurine notemptyurine nighturinenever nighturinesome nighturinenum | 22M | 22M | 22M | No change | No change |
| HRT | Hrteveryn hrtuseyearsnum | 22F | 22F | 22F | No change | No change |

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| | | | | | | |
|-----------------------------|--|----|----|----|--|-----------|
| | hrtcurrentyn hrtagestopped | | | | | |
| Medications in last 4 weeks | medic4weekyn medic4multivmin medic4multivonly medic4fishoil medic4gluco medic4omega3 medic4paracetamol medic4aspirinhrt medic4spirinothert medic4lipitor medic4avapro medic4warfarin medic4Pravachol medic4Coversyl medic4Lasix medic4Zocor medic4Cardizem medic4Micardis medic4Nexium medic4Norvasc medic4Fosamax medic4Somac medic4Tritace medic4Caltrate medic4Losec medic4Noten medic4Oroxine medic4Ventolin medic4Zyloprim medic4Diabex medic4Zoloft (V2 onwards) medic4Cipramil (V2 onwards) medic4Efexor (V2 onwards) | 23 | 23 | 23 | Some change to layout of response options (“aspirin for other reasons” and “aspirin for the heart”). New fields added: “Zoloft”; “Cipramil”; and “Efexor” | No change |

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| | | | | | | |
|--------------------------|--|----|----|----|--|-----------|
| Doctor diagnosed illness | evertoldskineyes evertoldskinage evertoldmelanyes evertoldmelanage evertoldprostateyes evertoldprostateage evertoldbreastyes evertoldbreastage evertoldothercayes evertoldothercaage evertoldothercatype evertoldhrtyes evertoldhrtage evertoldhrttype evertoldhighbldyes evertoldhighbldage evertoldhighbldpregyes evertoldhighbldpregage evertoldhighbldothyes evertoldhighbldothage evertoldstrokeyes evertoldstrokeage evertolddiabetyes evertolddiabetage evertoldbldclotyes evertoldbldclotage Evertoldlrgprosyas evertoldlrgprosage evertoldasthmayes(V1 only) evertoldasthma2yes (V2 onwards) evertoldasthma2age (V2 onwards) evertoldhayfever2yes (V2 onwards) evertoldhayfever2age (V2 onwards) evertolddepression2yes (V2 onwards) evertolddepression2age (V2 onwards) evertoldanxiety2yes (V2 onwards) | 24 | 24 | 24 | Inclusion of questions on depression and anxiety. Separation of responses for asthma and hayfever | No change |
|--------------------------|--|----|----|----|--|-----------|

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| | | | | | | |
|---------------------------|--|----|----|----|---|-----------|
| | evertoldanxiety2age (V2 onwards) evertoldParkinyes evertoldParkinage evertoldnoneyes | | | | | |
| Current treatment | trtcanceryes trtcancerage trthrtattackyes trthrtattackage trtothheartage trthighbldyes trthighbldage trthighcholyes trthighcholage trtbloodclottyyes trtbloodclottage trtasthmayes trtasthmaage trthayfeveryes trthayfeverage trtarthritisyes trtarthritisage trrthyroidyes trrthyroidage trtosteoptyes trtosteopage trtdepressionyes (V1 only) trtdepressionage (V1 only) trtdepression2yes (V2 onwards) trtdepression2age (V2 onwards) trtanxiety2yes (V2 onwards) trtanxiety2age (V2 onwards) trtnoneyes | 25 | 25 | 25 | Separation of questions on depression and anxiety. Removal of hayfever field | No change |
| Other important illnesses | nowotherillyn | 26 | 26 | 26 | No change | No change |

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| | | | | | | |
|-----------------------------|---|----|----|----|--|-----------|
| Assistance with daily tasks | help4disabilityyn | 27 | 27 | 27 | No change | No change |
| Health limitations | limitvigor limitmod limitlift limitupfew limitupone limit1km Limithalfkm limit100m limitbend | 28 | 28 | 28 | No change | No change |
| Operations | operationskiniesyes operationskinage operationvasectyes operationvasectage operationprostatepartyes Operationprostatepartage operationprostatetotyes operationprostatetotage operationhystyes operationhystage operationovariesyes operationovariesage operationtubesyes operationtubesage operationrepairyes operationrepairage operationkneereplacyes operationkneereplacage operationhipreplacyes operationhipreplacage operationgallbyes operationgallbage operationheartyes operationheartage | 29 | 29 | 29 | Correction of typographical error – addition “the” to “have you ever had any of the following”. Added “most recently” to instructions | No change |

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| | | | | | | |
|--|--|-----|-----|-----|--|--|
| Carer status | caresickyn carefulltime carehoursperweek | 30 | 30 | 30 | No change | Wording changed to “family member or friend” |
| Self-assessment of overall health, quality of life, eyesight, memory, teeth and gums | ratehealth ratequality ratevision ratememory rateteeth | 31 | 31 | 31 | No change | No change |
| Hearing loss | hearinglossyn | 32 | 32 | 32 | No change | No change |
| Teeth | teeth | 33 | 33 | 33 | No change | No change |
| Falls | falls12monum | 34 | 34 | 34 | No change | No change |
| Bone breaks/fractures | brokeboneyn brokebonewrist brokebonearm brokebonehip brokeboneankle brokebonerib brokebonefinger brokeboneother brokeboneage | 35 | 35 | 35 | No change | No change |
| Leaking urine | urineleak | 36 | 36 | 36 | No change | No change |
| Menopause | menopauseno menopausenotsure menopauseirregular menopauseeyes menopauseage | 37F | 37F | 37F | After “yes”, change in wording to read “How old were you when you went through menopause?” | No change |
| Erection | erection | 37M | 37M | 37M | No change | No change |

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|----------------------------------|---|-----|-----|-----|--|-----------|
| Mammogram | mammogramyn Mammogramyearsago (V1 only) Mammogramyear (V2 onwards) mammogramtimesnum | 38F | 38F | 38F | Measure changed from “about how many years ago was your last mammogram?” to “what year did you have your last mammogram?” | No change |
| PSA | PSAyn PSAyearsago (V1 only) PSAyear (V2 onwards) PSAtimesnum | 38M | 38M | 38M | Measure changed from “about how many years ago was your last PSA test?” to “what year did you have your last PSA test?” | No change |
| Bowel screening | bowelscreenyn bowelscreentestfobt bowelscreensigmoid bowelscreencolonoscopy bowelscreenyearsago (V1 only) bowelscreenyear (V2 onwards) | 39 | 39 | 39 | Measure changed from “about how many years ago was the most recent of these tests” to “What year did you have the most recent of these tests?” | No change |
| Questions about your diet | | | | | | |
| Food eaten each week | numredmeat (V1 only) numredmeattwo (V2 onwards) numchicken (V1 only) numchickentwo (V2 onwards) numsausages numfish numcheese | 40 | 40 | 40 | Replacement of the term “red meat” with “beef, lamb or pork” Replacement of term “chicken or | No change |

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| | | | | | | |
|------------------------------|---|----|----|----|--|-----------|
| | | | | | pork” with “chicken, turkey or duck” Addition of “bacon” to “processed meat” | |
| Bread and cereal consumption | numbrownbread numbreakfastcereal cerealbranyes cerealbiscuityes cerealoatyes cerealmuesliyes cerealotheryes | 41 | 41 | 41 | No change | No change |
| Milk | milkwhole milkreducedfat milkskim milksoy milkother milkdontdrink | 42 | 42 | 42 | No change | No change |
| Vegetables | vegcookedperday vegrawperday vegdonteat | 43 | 43 | 43 | No change | No change |
| Fruit | fruitperday fruitjuiceperday fruitdonteat | 44 | 44 | 44 | No change | No change |
| Food never eaten | nevereatredmeat nevereatchicken nevereatpork nevereatdairy nevereatmeat nevereateggs nevereatsugar nevereatwheat | 45 | 45 | 45 | No change | No change |

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|--------------------------------------|---|----|----|----|-----------|-----------|
| | nevereatfish nevereatseafood nevereatcream nevereatcheese | | | | | |
| Questions about time and work | | | | | | |
| Household income | income | 46 | 46 | 46 | No change | No change |
| Work status | workfulltime workparttime workfullyretired workpartretired workdisabledsick workselfemployed workunpaid workstudyonly workhomefamily workunemployed workother | 47 | 47 | 47 | No change | No change |
| Retirement | retireage retirereachedage retirereachedage retireillhealth retireredundant retirelifestyle retirecarer retirenotfindjob retireother | 48 | 48 | 48 | No change | No change |
| Hours spent working | paidworkhoursnum unpaidworkhoursnum | 49 | 49 | 49 | No change | No change |
| Health cover | insurprivateextras insurprivatenoextras | 50 | 50 | 50 | No change | No change |

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|--|--|---------|---------|---------|---|-----------|
| | insurDVA insurhealthcarecard insurnoneofthese | | | | | |
| Skin colour | skincol | 51 | 51 | 51 | No change | No change |
| Effect of sun-exposure on skin | tannability | 52 | 52 | 52 | No change | No change |
| Hours spent outdoors | sunhoursweekdaynum sunhoursweekendnum | 53 | 53 | 53 | No change | No change |
| Sedentary activities | dayhourssleeping dayhourssitting dayhoursscreenwatch dayhoursstanding | 54 | 54 | 54 | No change | No change |
| Social connectedness | socialvisittimes socialtelephontimes socialgrouptimes peopledependnum | 55 & 56 | 55 & 56 | 55 & 56 | No change | No change |
| Kessler 10 measure of psychological distress | feltired feelnervous feeltoonervous feelhopeless feelrestless feeltoorestless feeldepressed feeltoodepressed feeleffort feelworthless feelsosad (V2 onwards) | 57 | 57 | 57 | On line 8, “depressed” has been changed to “sad, consistent with the current recommended format of the K10 Note new field created “feelsosad” | No change |
| Emotional problems | psychlessworkyn psychlessachieveyn | 58 | 58 | 58 | Correction of typographical error: | No change |

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| | | | | | | |
|--------------------------------------|-----------------|---|---|---|--|-----------|
| | psychlesscareyn | | | | "that" changed to "than" | |
| Address details | | - | - | - | "Incorrect" changed to "correct" to avoid confusion resulting from double negative | No change |
| Consent form | | | | | | |
| Consent form | | - | - | - | The line above the signature now refers to the Information for Participants leaflet, to clarify where information about the Study is located | No change |
| Consent form – extra contact details | | - | - | - | Addition of request for participants' email address | No change |

NOTE: V3 in the dataset also includes the additional versions 3A and 3B. However, the version_no variable does not differentiate between 3, 3A and 3B as the latter two versions have only minor modifications. These modifications are as follows:

V3A:

Question 14 (variables: currentsingle, currentmarried, currentpartner, currentwidowed, currentdivorced, currentseparated) instruction amended to read "please cross one box"

V3B:

Question 16 and 17 (variables: walktimesperweek, walktotalminweek, walktotalhrsweek, vigourtimesperweek, vigourtotalhrsweek, modtimesperweek, modtotalminweek, modtotalhrsweek) instructions amended to read "put "0" if you did not do this activity".